



APPOINTMENT QUESTION CHECKLIST

Ask one more question before you leave the room.

Take this checklist to your next appointment.

Check off the questions you want answered and write down the key points.

- ☐ 1. Was a PSA test included in today's bloodwork?

- ☐ 2. How does today's PSA compare to my previous results?

- ☐ 3. What is the trend in my PSA over the last 2-3 years?

- ☐ 4. Given my age and risk factors, is my current screening approach appropriate?

- ☐ 5. If my PSA is elevated, what are the possible explanations?

- ☐ 6. What specific value or rate of change would prompt you to recommend a biopsy?

- ☐ 7. Should we discuss the free PSA ratio?

- ☐ 8. Is there any imaging that would be appropriate to consider?

- ☐ 9. What symptoms between now and my next appointment should prompt me to call?

- ☐ 10. Is a second opinion appropriate for my situation?

Ask one more question. The right question at the right time can change everything.